

Temperament Based Therapy including Supports* (TBT-S): An innovative multi-family neurobiological approach to eating disorders



Dr Laura Hill



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February 18-21 2019
8.30am-4.30pm
Royal Brisbane and Women's
Hospital Education Centre

The 4 day training will provide you knowledge and skills to provide TBT-S in more extensive settings, such as a 5-day format, or in weekly inpatient and outpatient individual and group settings. By the end of the training you will understand:

- What, why, how and when to apply TBT-S
- Temperament and brain-based skills for both client and supports
- Temperament and brain-based explanations for symptoms and using skills
- Optimal use of the multifamily* format in TBT-S
- Demonstrations of experiential activities highlighting symptoms

It is a highly interactive training that offers continual opportunities to practice new clinical language and treatment tools.

Attendees at this workshop will receive a package of resources. For the full suite of resources available to run the program, attendees will be able to access the TBT-S E-Text at an exclusive 30% off the full price during the training period only (www.brainbasedeatingdisorders.org)

Walk away at the end of this training able to both deliver the 5-day intensive multi family format and/or incorporate the experiential components and principles of neuroscience into your existing treatment delivery model.

**Supports is anyone who is in a support role e.g. family, partner, close friend*

Don't miss out! Strictly limited places (30)



Eating Disorders Families Australia

To register & find more information go
to www.edfaevents.com

To contact QuEDS, visit
<https://metronorth.health.qld.gov.au/rbwh/healthcare-services/eating-disorder>



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